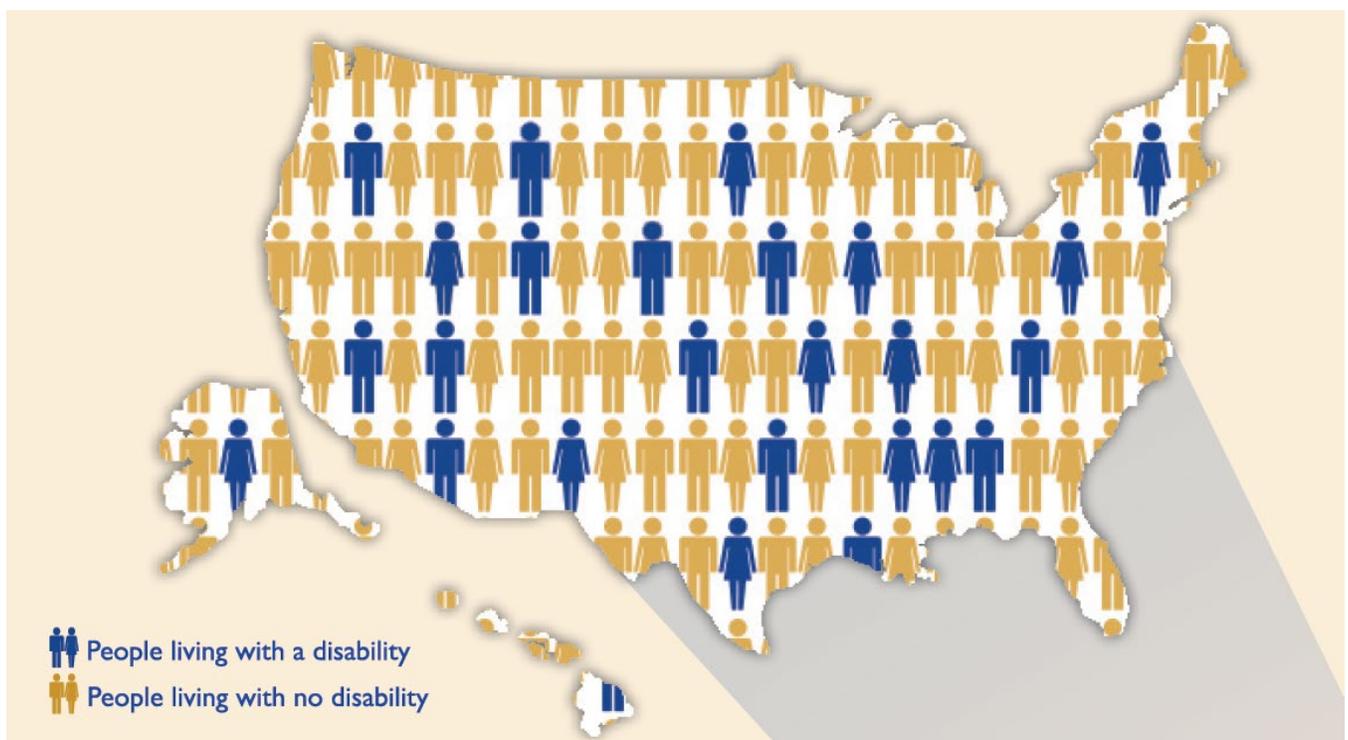


## May is about “Disability Awareness”

Your chance of missing work due to an illness, injury, or pregnancy is greater than you think.

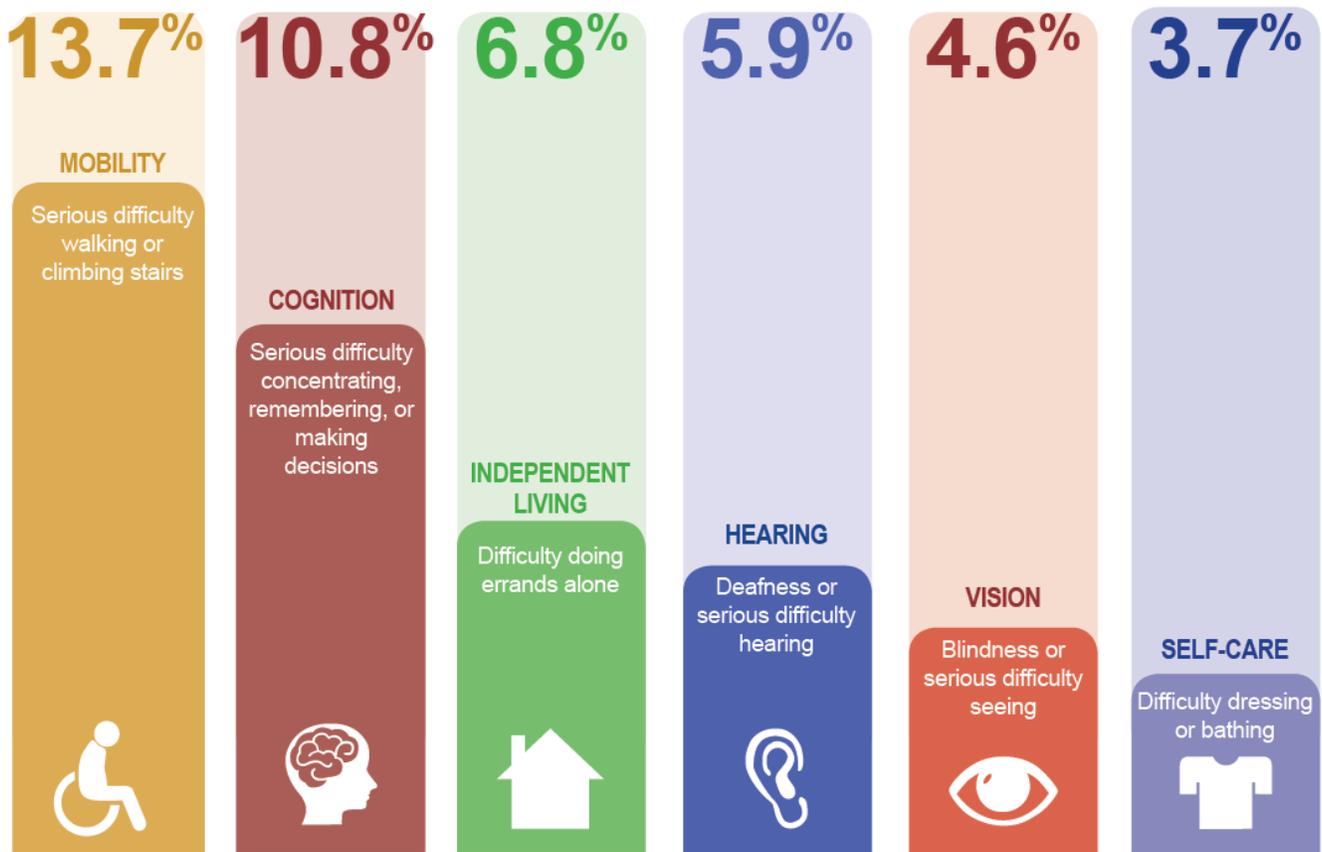
*“We are all at risk of having a disability at some point in our lifetime,”* said CDC Director Tom Frieden, M.D., M.P.H.



In the United States, 61 Million adults (which is one out of every four adults) have a disability, according to a new study published by the Centers for Disease Control and Prevention. The most common functional disability type was a mobility limitation – defined as a serious difficulty walking or climbing stairs – reported by one in eight adults, followed by disability in thinking and/or memory, independent living, vision, and self-care.

Most common types of disability involve difficulties walking or independent living.

### Percentage of adults with functional disability types



People with a disability have a physical or mental impairment that affects one or more major life activities, such as walking, bathing, dressing, eating, preparing meals, doing errands alone or doing housework. A disability can occur at birth or at any point in a person's life.

## Adults living with disabilities are more likely to

	With Disabilities	Without Disabilities
 HAVE OBESITY	38.2%	26.2%
 SMOKE	28.2%	13.4%
 HAVE HEART DISEASE	11.5%	3.8%
 HAVE DIABETES	16.3%	7.2%

Disabled adults are also about 20 percentage points less likely than those without disabilities to say they subscribe to home broadband, or own a traditional computer, smartphone or tablet.

The amount of time people spend online also varies by disability status. Only half of disabled Americans report using the internet on a daily basis, compared to almost eight-in-ten.



**DISABLED AMERICANS HAVE LOWER RATES OF TECHNOLOGY ADOPTION.**

**Disabled Americans earn less than those without a disability.** Those with a disability earned a median of \$21,572 in 2019, less than 70% of the median earnings for those without a disability (\$31,872), according to the Census Bureau. Both figures are

for the civilian, non-institutionalized population ages 16 and older, measured in earnings over the past 12 months. <https://data.census.gov/cedsci/table?tid=ACSDT1Y2015.B18140&q=B18140>



**More than one in four of today's 20-year-olds will be out of work for 12 months or more for a variety of reasons before they reach normal retirement age. This includes common health conditions such as knee, shoulder, or back injuries, cancer, heart problems, or depression.**

**Question:**

**How will you pay your bills if you aren't earning an income during this time?**

Nearly half of consumers today say they can't pay an unexpected \$400 bill without having to take out a loan or sell something.

*Protect your earnings, find out about disability insurance coverage that pays you an income when you miss work for as short a period as a few days to as long as until you reach your retirement age.*

No other coverage helps to pay your day-to-day expenses in this way. Health insurance covers medical bills. Worker's compensation only pays for injuries that happen in the workplace. Disability coverage protects your earnings.

***Don't wonder "what if"? Don't wonder "why"?***  
**Call us for no nonsense answers to your questions.**  
**"Protection for the Well-Informed Consumer"**

**Contact The Benefits Store (Do It Today) at (800) 446-2663 for more information.**

Visit our website at [www.BenefitsStore.com](http://www.BenefitsStore.com)

Resources:

<https://www.cdc.gov/ncbddd/disabilityandhealth/infographic-disability-impacts-all.html>

<http://www.pewresearch.org/fact-tank/2017/07/27/7-facts-about-americans-with-disabilities/>

<https://disabilitycanhappen.org/disability-answer/>

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